



Son aims to equal dad's feat

By SARAH CODDINGTON - North Shore Times Last updated 05:00 01/09/2009

GRUELLING SEAS: Colin Quincey conquering the Tasman Sea in 1977 from New Zealand to Australia. He is the only person to row solo and survive.

Shaun Quincey is attempting to be the first man to row solo from Australia to New Zealand and is challenging people to take him on.

Next week teams of four will be racing against Mr Quincey alone in a 63km indoor rowing race at CrossFit Auckland in Albany.

The challenge is dedicated to his father and former Devonport resident Colin, who was the first man to row solo and survive across the Tasman from New Zealand to Australia.

"I wanted to have a good race to recognise my father's achievements," says the Devonport resident.

In November Mr Quincey will depart from the north coast of New South Wales in Australia battling up to 10 metre swells while rowing towards New Zealand, aiming for Taranaki.

But before he leaves he will attempt to break a world record for one million metres on an indoor rowing machine. This will be broadcast live on Radio Sport every morning during the attempt.

"It is part of a physical endurance test. I also do personal training sessions and row up to 17 hours every Sunday," says Mr Quincey.

The boat is being made by Salthouse Brothers Boatbuilding in Browns Bay, the same place that made his father's boat 32 years ago.

Mr Quincey aims to raise \$50,000 for Surf Lifesaving. One of his major sponsors is Timex, Under Armour and Oakley. So far he has raised \$45,000 and is still keen to get more sponsors.

He is also filming the expedition for TV3 and ABC in Australia.

Mr Quincey expects it to take him 40 to 70 days to get across the Tasman but admits he would like to beat his dad's 63-day and seven-hour crossing to Australia.

Mr Quincey believes there is a lot of adventure in everyone and people need to embrace it to really get the most out of life.